

GREEK PASTA SALAD



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Ingredients

Yield: 8, 1 c servings

- 3 c whole wheat farfalle (bow-tie pasta), uncooked
- 2 c baby spinach leaves
- 1 c feta cheese
- 1 c cherry tomatoes, halved
- $\frac{3}{4}$ c drained canned chickpeas (garbanzo beans), rinsed
- $\frac{1}{2}$ c Greek vinaigrette dressing

Directions

1. Cook pasta as directed on package; drain. Place in large bowl.
2. Add remaining ingredients; mix lightly.
3. Serve immediately or cover and refrigerate until ready to serve.

Nutritional Information

Serving:	Calories	Fat	Protein	Carbohydrates	Sodium
1 cup	243	4.6 g	10 g	37 g	414 mg

Carbohydrate Exchanges: 2