

CORN AND BLACK BEAN SALAD



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INGREDIENTS

- 1 can, 14 ounces, black beans, rinsed and drained
- 2 cups frozen corn kernels
- 1 small red bell pepper, seeded and chopped
- ¼ c red onion, chopped
- 1 1/2 teaspoons ground cumin
- 2 teaspoons hot sauce (recommended: Tabasco)
- 1 lime, juiced
- 2 tablespoons Extra Virgin Olive Oil
- Fresh cilantro, 2 tbsp chopped
- Salt and pepper to taste

Instructions:

Combine all ingredients in a bowl. Refrigerate 15-20 minutes to let flavors combine.