

# EASY LOW-FAT STRAWBERRY SHORTCAKE



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## Ingredients

Serves: 5

- 1 sugar free angel food cake
- 2 flats of strawberries
- Sugar substitute
- 1 tub of fat free cool whip

## Directions

1. Wash and slice strawberries, cover with 3-4 packets of all natural sugar substitute and refrigerate until chilled.
2. Slice up angel food cake according to serving sizes on label.
3. Place a good scoopful of strawberries on top of cake and top with 2-4 tablespoons of fat free cool whip and serve.

## Nutritional Information

Serving:	Calories	Fat	Protein	Carbohydrates	Sodium
1 piece	131	.04 g	4 g	37 g	346 mg

Carbohydrate Exchanges: 2